

SENA



M1

SMART MOUNTAIN BIKE HELMET

QUICK START GUIDE

RIDE CONNECTED

The M1 is comfortable and protective mountain bike helmet. The M1 with built-in Bluetooth® capabilities allows you to hear GPS navigation, take phone calls and listen to your favorite tunes. You can use the Bluetooth® Intercom to communicate with other M1 users and use the LED Taillight to ride safely.



Bluetooth® 4.1



Four-Way Intercom



Intercom up to 900 m (0.6 mi)*



Taillight



Advanced Noise Control™

* in open terrain

GETTING STARTED

1. This product comes with a Quick Start Guide, which is a basic version of the User's Guide. **A FULL VERSION OF THE USER'S GUIDE CAN BE DOWNLOADED AT SENA.COM.**
2. Update this product for free with the latest firmware to fully enjoy the new advanced features built into this product. Visit sena.com to see how to update your product.
3. Users can follow Sena on Facebook, YouTube, Twitter and Instagram to receive the most up to date information on products, helpful tips and all other announcements regarding Sena products.

SENA



SENA Technologies, Inc.

Customer Support: sena.com

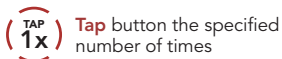
GETTING STARTED

How to Use This Guide

The legend and callouts are here to help you read the illustrations. New technology can be confusing, but we've created a simple way to perform actions using illustrations.



Icon Legend

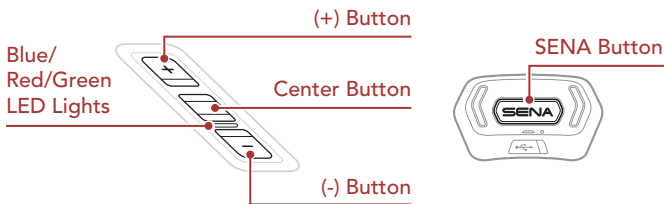


"Hello"

Audible prompt

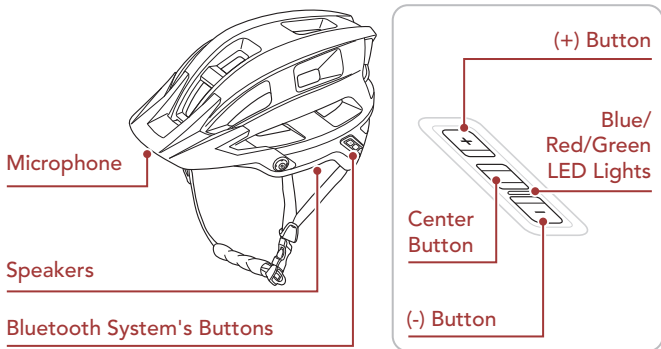
Buttons

Bluetooth System's Buttons

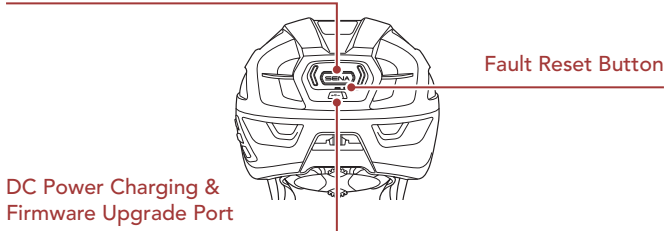


QUICK START GUIDE

Product Details



SENA Button



QUICK START GUIDE

How To Wear the Helmet

1. Position the helmet on your head with the front covering your forehead.
2. Position the strap adjuster centered, just below your ears.
3. Position the helmet low on your forehead with the buckle under the chin and back against the throat. The straps should fit comfortably around both ears.
4. After removing the chinstrap pad, adjust the chinstrap tension at the buckle so the chinstrap is tight and comfortable by pulling the chinstrap end through the buckle to either tighten or loosen as needed.

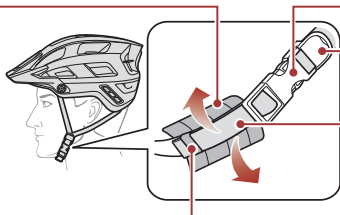
Chinstrap Pad

Buckle

Strap Adjuster

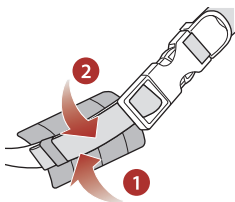
Chinstrap

O-Ring



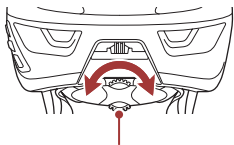
QUICK START GUIDE

- Secure the excess strap with O-ring and then attach the chinstrap pad.

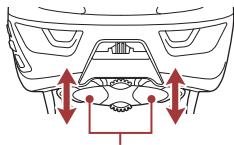


Note: Check the chinstrap's position and tension regularly to ensure proper fit.

- Turn the retention system knob clockwise to tighten or counterclockwise to loosen.
- To change the height of the retention system, firmly pull or push the retention system upward or downward to a different position.



Retention System Knob



Retention System

⚠ WARNING: For maximum protection, this helmet must be fitted and attached properly to the wearer's head in accordance with the following instructions. If after adjustment the helmet does not fit properly, do not use the helmet. Return it to the retailer or Sena.

QUICK START GUIDE

Sena Utility App

By simply pairing your phone with your Bluetooth system, you can use the **Sena Utility App** for quicker and easier set up and management.

- App Features
 - Music, FM Radio, Device settings, Quick Start Guide, and User's Guide.
- Download
 - Android: Google Play Store > '**Sena Utility**'
 - iOS: App Store > '**Sena Utility**'



Sena Device Manager

The **Sena Device Manager** allows you to upgrade the firmware and configure its settings directly from your PC or Apple computer. Download the **Sena Device Manager** from sena.com.

QUICK START GUIDE

Basic Operations

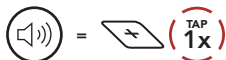
Powering On



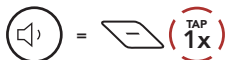
Powering Off



Volume Up



Volume Down



Checking the Battery Level

Instruction is for when powering the Bluetooth system on.

Visual Method



QUICK START GUIDE

Phone Pairing

There are three ways to pair the phone.

Initially Pairing the M1

The Bluetooth system will automatically enter the phone pairing mode when you initially turn on the Bluetooth system or in the following situation:

- Rebooting after executing **Factory Reset**



= Alternating blue and red flashing lights indicate **the device is now discoverable**. With your mobile phone in Bluetooth-pairing mode, select **M1** in the list of devices detected.



=

0	0	0	0
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Note:

- The phone pairing mode lasts for **3 minutes**.
- To cancel phone pairing, tap the **Center Button**.

QUICK START GUIDE

Pairing When the M1 is Turned Off

Press and hold the **(+) Button** and **Center Button** for **5 seconds** when the **M1** is turned off.



LED
STATUS

Alternating blue and red flashing lights indicate **the device is now discoverable**. With your mobile phone in Bluetooth-pairing mode, select **M1** in the list of devices detected.



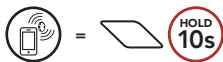
PIN
NUMBER

= 0 0 0 0

QUICK START GUIDE

Pairing When the M1 is Turned On

Press and hold the **Center Button** for **10 seconds** when the **M1** is turned on.



LED
STATUS

= Alternating blue and red flashing lights indicate **the device is now discoverable**. With your mobile phone in Bluetooth-pairing mode, select **M1** in the list of devices detected.



PIN
NUMBER

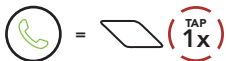
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0	0	0	0
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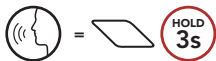
QUICK START GUIDE

Mobile Phone

Answer a Call



Make Call with Voice Dialer

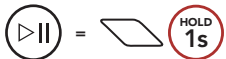


End/Reject a Call

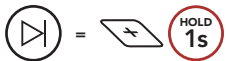


Music Controls

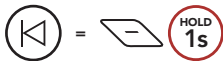
Play/Pause



Next Track



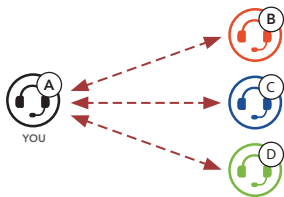
Previous Track



QUICK START GUIDE

Bluetooth Intercom

Up to three other people can be paired with the helmet for Bluetooth intercom conversations.



Intercom Pairing

There are two ways to pair the Bluetooth system.

Using the Smart Intercom Pairing (SIP)

SIP allows you to quickly pair with your friends for intercom communication by scanning the QR code on the **Sena Utility App** without remembering the button operation.

1. Pair the mobile phone with the Bluetooth system.
2. Open the **Sena Utility App**.
3. Click the **Smart Intercom Pairing Menu**.
4. Click the **Add Button** to open the QR scanning screen.

QUICK START GUIDE

- Scan the **QR code** displayed on your friend (**B**)'s mobile phone.
 - Your friend (**B**) can display the QR code on the mobile phone by opening the **Sena Utility App** and clicking the **Smart Intercom Pairing Menu**.



- Click the **Confirm Button** and check that your friend (**B**) is paired with **you (A)** correctly.
- Repeat steps 4-6 to pair with **Intercom Friends (C)** and (**D**).

Note: The **Smart Intercom Pairing (SIP)** is not compatible with Sena products that use **Bluetooth 3.0** or **below**.

QUICK START GUIDE

Using the Button



and

=



"Intercom Pairing"



or

=



=

Flashing blue LED confirms **intercoms are paired**.

LED STATUS

Note: Repeat the step above to pair with Intercom Friends C & D.

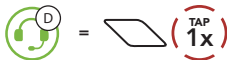
QUICK START GUIDE

Two-Way Intercom

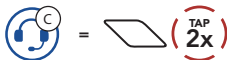
Last-Come, First-Served



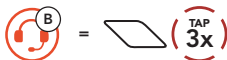
Start/End with Intercom Friend 1



Start/End with Intercom Friend 2



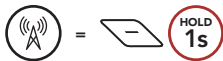
Start/End with Intercom Friend 3



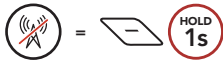
QUICK START GUIDE

Radio

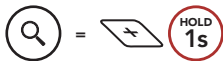
FM Radio On



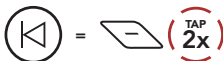
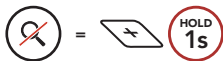
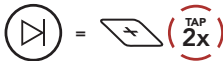
FM Radio Off



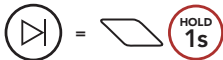
Scan Stations



Seek Stations



Navigating Preset Stations



Note: You can also use the **Sena Device Manager** or the **Sena Utility App** to save the preset stations.

QUICK START GUIDE

LED Taillight

Using the SENA Button

LED On and Solid



Night Flash



Day Flash



LED Off

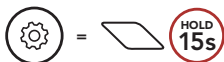


Note: Do not tap the button continuously.

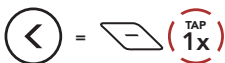
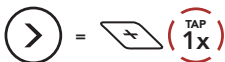
QUICK START GUIDE

Bluetooth System Configuration Menu

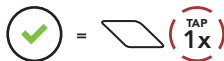
Accessing the Configuration Menu



Navigating Between Menu Options

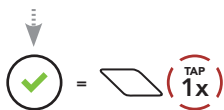
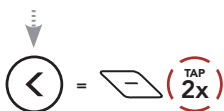
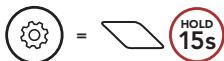


Execute Menu Options

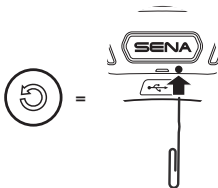


Troubleshooting

Factory Reset






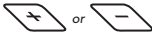

















Fault Reset




















Note: Fault Reset will not restore the Bluetooth system to factory default settings






QUICK REFERENCE

TYPE	OPERATION	BUTTON COMMANDS
 Basic Operations	Power on	 
	Power off	 
	Volume up/down	 or 
 Mobile Phone	Answer phone call	 
	End/reject phone call	 
	Voice dial	 
 Music	Play/Pause music	 
	Track forward	 
	Track backward	 

QUICK REFERENCE

TYPE	OPERATION	BUTTON COMMANDS
 Intercom	Intercom pairing	 
	Start/end intercom	 
	Start/end intercom	 
 FM Radio	FM radio on/off	 
	Select preset	 
	Seek forward/ backward	 or  
	Scan up FM band/ stop scanning	 

QUICK REFERENCE

TYPE	OPERATION	BUTTON COMMANDS
 LED Taillight	LED on and solid	 (TAP 1x)
	Night flash	 (TAP 1x)
	Day flash	 (TAP 1x)
	LED off	 (TAP 1x)